Help for the Helpless is a registered Charitable Trust, which assists the poorest of the poor, those whom society has neglected.

All funds donated to Help for the Helpless reach the poor as its work is done on a wholly volunteer basis. Trust members and supporters do this work without pay, since they hold paying jobs. Most of the volunteers are college students. Besides the audit fee paid to the Auditors, which is mandatory, there are no other administrative costs.

Help for the Helpless is involved in humanitarian work and reaches out to the destitute, the deserted and the dispossessed. We find Institutions for mentally disturbed people living on the streets, build simple dwellings for those without shelter, provide medical treatment for the poor and the physically handicapped and support the educational needs of orphans and children from poor families. The Trust networks with other organizations with similar objectives.
1. **Christina and 2. Blessina**

These two girls, aged 7 and 3 respectively, are the daughters of Franklin and Valarmathi. Franklin works as daily wages manual worker, earning about Rs. 2000/- monthly and Valarmathi is a housewife. They also have a younger son who is 9 months old. **Rs. 10,170/-** was paid to Corley School (Rs 4860/- for Christina and Rs 5310/- for Blessina) towards the children’s annual school fees and uniforms.
Devishree is the 7 year old daughter of Swaminathan and Kabeerbeevi, a Hindu-Muslim couple. Swaminathan works as a driver of autorickshaw and earns only Rs 2500/- monthly. They have another daughter who is two years old. Swaminathan and Kabeerbeevi do not get any financial support from both their families, as they married against the wishes of their parents. Rs 3,625/- was paid for Devishree’s annual school fees at Baby School, West Tambaram.
4. **Prasanth and Dinesh**

Prasanth and Dinesh are children of Shanthi. Their father, Kumar, was a lorry driver who committed suicide a few years ago due to a mental illness. Shanthi is unemployed, and both her sons are studying in Corley School in the 4th and 9th standards. Corley High School was paid Rs. Rs 9310/- (Rs 6760/- for Prasanth and Rs 2550/- for Dinesh) towards their annual education.
6. **B. Deenadhayalan**

Deenadhayalan is a 9 year old boy who studies at Corley High School and stays with his mother and grandfather. His father, a painter, died in a fire accident two years ago. His mother, Ruth, is a tailor and earns about Rs. 2000/- a month. He also has an elder brother Dhamodaran who is 13 years old. **Rs. 5460/-** was paid to Corley School towards Deenadhayalan’s annual education.
7. **R. Elzavarasan**

Elzavarasan is the 10 year old son of Punniya. His father, Ravichandran, was an autorickshaw driver who died in an accident in 2005. Punniya takes care of her two sons by working as a sweeper, for which she earns Rs. 2500/- a month. **Rs. 2700/-** was paid to Corley School towards Elzavarasan’s school fees.
8. **Ciboral and 9. Resy**

Ciboral and Resy are the children of Aruldhos and Gnanaselvi. Aruldhos is an autorickshaw driver and Gnanaselvi is a housewife. Their children are in 2\textsuperscript{nd} standard and UKG respectively in Corley School. **Rs. 9520/-** (Rs 4860/- for Ciboral and Rs 4660/- for Resy) was paid to the school towards educational assistance for the children.
10. **Monika Angel**

Monika is a 4 year old girl who is studying in Corley Nursery School. Her father, Peter Raj, is an autorickshaw driver and her mother is a housewife. They have another daughter who is a year old. They requested for educational assistance, as they were unable to pay Monika’s fees. **Rs. 4660/-** was paid to Corley Nursery School towards Monica’s annual school fees.
11. **Sandhya** and 12. **Maheswari**

Sandhya and Maheshwari are daughters of Manohar and his wife. Manohar is a daily wage carpenter who earns around Rs. 1000/- a month. Besides his wife and children, he also has his 70 year old mother, Krishnaveni, to support. Both his daughters study at Corley School. Rs. **9520/-** (Rs 4860/- for Sandhya and Rs 4660/- for Maheswari) was paid to Corley School as annual school fees for the girls.

Naresh and Sanjay are 7 year old twins whose parents separated and went their separate ways, leaving the children with their grandmother, M. Parameswari, a 60 year old widow. Parameswari takes care of them but she works as a maidservant and earns only Rs. 500/- a month. Rs. 9720/- (Rs 4860/- for each boy) was given to Corley School for their annual school fees.
15. **M. Tulasi**

Tulasi is a 14 year old girl studying in the 10th standard at Valluvar Gurukulam High School. Her father, who is physically handicapped, runs a small eatery in Tambaram and earns about Rs 2000/- monthly. As her family did not have the resources to pay for her school fees, Rs. 4200/- was paid on her behalf to Valluvar Gurukulam School as her annual tuition fees.
Arun, Vasuki and Bhavani

Arun, Vasuki and Bhavani are the children of Shankar and Vijaya. Shankar is a daily wages worker, who earns about Rs. 3000 per month. They have two other children, Mekala and Sabari. Annual school fees for all the three children (Arun: Rs 1140/- Vasuki and Bhavani: Rs 650/- each), which came to Rs. 2440/-, was paid to St. Joseph’s School.
19. **S. Nitin Kumar**

Nitin is an 8 year old boy who studies in the 3rd standard in Venkatasuuba Rao School, West Tambaram. He has two elder sisters who also study in the same school. Nitin’s father, Sampath Kumar, died in 2005. His mother, Usha, works as a school teacher, and earns Rs. 2500 a month. She was able to pay the fees for her daughters but required support for Nitin’s annual school fees. **Rs. 5000/-** was paid Venkatasuuba Rao School on Nitin’s behalf.
Divyabharathi is a 12 year old girl who studies in Valluvar Gurukulam School in West Tambaram. Her father works as a daily-wage labourer and earns only about Rs. 1500/- a month. Both her parents are deaf and dumb. Rs. 3125/- was paid to Valluvar Gurukulam School towards her annual school fees.
Satish and Rekha study at the Advent School in Tambaram. Their mother is a garbage collector and earns Rs. 3000/- a month, and their father is unable to work as he is suffering from tuberculosis. The family required Rs. 2,200/- (Rs 1300/- for Satish and Rs 900/- for Rekha) to pay for the children’s annual school fees, and the amount was paid on their behalf to their school.
23. S. Sriram

Sriram is 18 years old student who secured admission at Mohammad Sathak Arts and Science College. His father is a daily wages construction worker who earns about Rs. 3000/- per month. Sriram needed to pay his admission fees and requested assistance. Rs. 5000/- was spent towards his college fees. Sriram now serves as a volunteer with Help for the Helpless during his free time in the weekends.
24. **S. Aiswerya**

Aiswerya is a 6 year old girl, studying in the 1st Standard in St. Joseph’s School. Her father, Shakthivel, is a manual laborer and her mother, Mohana, is a house wife. She has two younger brothers. Shakthivel earns only Rs. 2000/- monthly as a daily wages worker. **Rs 100/-** was paid to the school for Aiswerya’s annual school fees.
25. **Thamaraselvi and 26. Rajamanigam**

Thamaraselvi and Rajamanigam are the children of Naresh Kumar and Nadiya. Naresh is a construction worker who earns Rs. 2000/- a month. They have a younger son, who is 5 years old. **Rs. 1200/-** (Rs 650/- for Thamaraselvi and Rs 550/- for Rajamanigam) was paid to St. Joseph’s School towards their annual tuition fees.
27. S. Anusha

Anusha is a 10 year old girl who studies in the 3rd Standard at St. Joseph’s Higher Secondary School. Her father deserted the family and her mother, Ganga, now works as a sweeper and earns Rs. 3000/- per month. With this income, Ganga supports Anusha and her sister, as well as her 60 year old mother, who lives with them. She requested financial support for Anusha’s school fees. Rs 550/- was paid directly to St. Joseph’s School.
Nandini and Ganesh are students of St. Joseph’s Higher Secondary School. Their father is a manual labourer earning only Rs. 2000/- a month, while their mother is a house wife. Nandini is in 10th Standard and Ganesh in 7th standard. Rs.4340/- (Rs 3200/- for Nandini and Rs 1140/- for Ganesh) was paid to St. Joseph’s towards their school fees.
Sathiya (12) and Ganesh (9) are studying in 6th standard and 4th standard respectively. Their father was an alcoholic who died due to excessive drinking. Their mother, Lakshmi, works as a housemaid in two houses and earns about Rs. 2000/- monthly. Both the children study in St. Joseph’s Higher Secondary School. **Rs 1470/-** (for Sathiya Rs 820/- and for Ganesh Rs 650/-) was paid to the school for their annual fees.
32. **V. Rajalakshmi**

V. Rajalakshmi (14) is studying in 8th standard in St. Joseph’s Higher Secondary School. She has a brother and a sister. Her father is a manual labourer and earns about Rs. 2500/- while her mother is a housewife. **Rs 1250/-** was paid to the school for Rajalakshmi’s annual school fees.
33. K. Dhanalakshmi

K. Dhanalakshmi (13) is studying in 9th standard in St. Joseph’s School. Her father died of AIDS many years ago. Her mother, Devi, is also infected by AIDS does not stay with her but lives independently. Dhanalakshmi lives with her uncle and grandmother. Dhanalakshmi requested financial assistance to pay her school fees and Rs. 2700/- was paid to her school on her behalf.
34. Sandhya and 35. Ganesh

K. Lakshmi (35) is a housemaid with 5 children. Her husband is ill and unable to work. She earns around Rs 500/- a month as a housemaid and one of her older sons earn Rs. 1000/- . She required support to pay the school fees for her youngest daughter and son, Sandhya and Ganesh at Christ Kings Middle School. They were supported with Rs. 1,100/- (for Sandhya Rs 725/- and Rs 375/- for Ganesh) for their fees.
36. **Prakash** and 37. **Mahesh**

Prakash and Mahesh live with his mother, Vijayalakshmi. Their father, who was lazy and unemployed, deserted the family when the children were much younger. Their mother earns Rs. 3000/- a month, as a worker in an export business. As Vijaylakshmi was unable to pay their school fees, **Rs 1,890/-** (1,140/- for Prakash and Rs 750/- for Mahesh) was paid to St. Joseph’s School for both their annual school fees.
38. **Arwind**

Arwind is a 14 year old who stays with his parents, brother and sister. His father earns less than Rs. 3000/- a month, while his mother is a housewife. The family required financial assistance to pay Arwind's school fees, and **Rs. 2700/-** was paid to the school for his annual school fees.
39. **Dakshinamoorthy**

Dakshinamoorthy is a 12 year old who lives with his father and elder brother. His parents were involved in a two separate road accidents, in which his mother died and his father was rendered handicapped. As his father is now unemployed, the elder brother works at odd jobs to earn some money. As they were unable to pay Dakshinamoorthy school fees due to their extreme poverty, **Rs. 1,140/-** was paid to St. Joseph’s School towards his annual fees.
Jayalakshmi, Vinila and Vinothini are the daughters of Muthuraj, a scrap collector who collects discarded materials and sells them to scrap dealers, through which he earns about Rs. 3000/- a month. Their mother is a housewife. As they were unable to pay the children’s fees, Rs 2,710/- (Jayalakshmi 1140/-, Vinila Rs 820/-, Vinothini Rs 750-) was paid to St. Joseph’s School for their annual fees.
43. **Jennifer**

Jennifer is a 12 year old girl who stays with her parents, grandmother and brother. Her father earns around Rs. 3000/- a month. Her brother’s fees were paid but the family did not have enough money to pay Jennifer’s school fees. **Rs. 1140/-** was paid to St. Joseph’s School for her annual school fees.
44. Pavithra

Pavithra is a 12 year girl, who is being supported by her aunt and uncle. Her aunt is a casual laborer and her uncle works as a night watchman. They have a combined monthly income of only about Rs 2,500/-. Pavithra has a brother, who stays with their grandmother. The children lost their mother years ago and their father is infected with tuberculosis and is in hospital. Rs. 1140/- was given to St. Joseph’s School towards Pavithra’s annual fees.
Sowmya is the daughter of a tailor in Tambaram. She has a brother and her mother is a housewife. The father earns around Rs. 4000/- but does not support the family much, as he is addicted to alcohol. The mother managed to pay her brother's school fees, but did not have money to pay Sowmya's fees. Rs. **1140/-** was paid to St. Joseph’s School towards her fees.
46. **Vinita**

Vinita is the 12 year old daughter of Veerappan and Deepa. She has a brother who is 9 years old. Her mother left home when the children were younger and her father committed suicide, leaving the children to fend for themselves. Vinita now stays with her grandparents, who depend on one of the grandson’s who works as a manual labourer and earns less than Rs 2000/- monthly. They managed to pay Vinita's brother's school fees but not hers. **Rs 1,250/-** was paid to St. Joseph’s School towards Vinita's fees.
47. Christy John Paul

Christy John Paul is a 11 year old boy, whose father works in a shop as a delivery man, earning Rs. 3000/- a month, and his mother is a housewife. He has a sister. The family was able to pay his sister’s fees, but needed financial assistance to pay Christy’s school fees and Rs. 1,140/- was paid to St. Joseph’s School towards his annual school fees.
Ten children have been admitted, over the years, to the ‘Good Life Centre Home for Orphans and Poor Children’ and ‘Help for the Helpless’ has been annually supporting the education of these children with Rs 50,000/- to Good Life Centre. Starting with two children, Nagaraj & Chitra, in 2003, eight other children have been admitted: Surya & Dharani, John & Appukuttan & Maria & Mary, Sona and Vignesh.
Nagaraj & Chitra are the children of Ravichandran & Laksmi. This couple had three children and at the time when they approached me for help, they were homeless and living on the street in East Tambaram. At their request, I had the two older children admitted to the Good Life Centre in West Tambaram. I also constructed a hut for the parents and youngest child in a nearby village.

Nagaraj and Chitra have developed well in this Home over the years and are studying in good schools in Tambaram. I am enclosing two photographs of Nagaraj & Chitra at the Good Life Centre to show their progress.
John, Appukuttan, Maria and Mary are the children of Dass and Chinnaponu. Dass and Chinnaponu was also a homeless couple for whom I had made a small house in a nearby village in 2005. However, Chinnaponu deserted the family and went away with another man, leaving Dass to take care of the four children. As he was unable to take care of them, Dass approached me for help and I had the four children admitted to the Good Life Centre.

John, Appukuttan, Maria and Mary have also developed well over the years and are studying in good schools in Tambaram. I am enclosing two photographs of the four children.
Surya and Dharani are the children of Ratna. Ratna first approached me more than ten years ago as she had been deserted by her ‘husband’; he was a student who had lived with her for a few years and then left, leaving her with their children, a girl and a boy. As she was unable to take care of the children, I had them admitted to the SOS Home in East Tambaram, where both of them are doing well. I constructed a house for Ratna also in a nearby village. Over the years, she had three more children through different men. As she was unable to take care of these children too, she once again requested me to place the two older children, Surya and Dharani, in a Home. I had the two children admitted to the Good Life Centre.

Surya and Dharani have also developed well over the years and are studying in good schools in Tambaram. I am enclosing two photographs of the children.
Vignesh is the son of Senthamarai, a poor woman who was working as a sweeper. She approached me for help as she was an AIDS patient, whose husband had died of the same infection. She knew she was dying and requested me to place her son in a Home where he would be taken care of. I had Vigesh admitted to the Good Life Centre and a few months later, the mother died.

Vignesh is happy at the Home and is studying in a good school in Tambaram. I am enclosing two photographs of Vigesh.
Sona is the daughter of Rabia. A few years ago, I received a phone call from the Railway Police at the Tambaram Train Station, requesting me to help them, as they had found a mentally disturbed woman with a child on one of the platforms of the Train Station. As she had been beating the baby and appeared mentally unstable, I contacted the “Banyan”, an institution for mentally disturbed women, and had Rabia admitted to the institution while baby Sona was admitted to the Good Life Centre. I met Rabia at the “Banyan” a few weeks later and enquired if she wanted the baby returned to her but she did not want the baby back. Sona is very happy at the Home and is studying in a school in Tambaram. I am enclosing two photographs of Sona.

Cherian Kurian